

asterfor health

NDIS

Therapeutic

Supports

Factsheet

Who We Are: Aster Health Clinic is a clinical nutrition service (CPN - Certified Practising Nutritionist) and registered NDIS provider. Support participants to improve health, independence, and daily living through personalised nutrition.

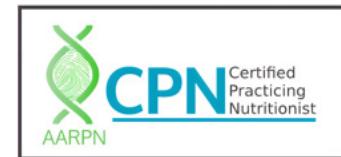
Services We Provide: Clinical nutrition assessments / Meal planning & capacity-building / Support for feeding challenges & sensory needs / Acute & chronic conditions and gut-health / Health behaviour coaching & lifestyle support / Nutritional deficiencies. Services that align with your NDIS plan.

We love supporting people of all abilities to feel their best. As a provider aligned with the National Disability Insurance Scheme (NDIS), we offer personalised client-centred support that goes beyond nutrition — we help build confidence, independence, and wellbeing in everyday life.

Whether you're looking for help with everyday challenges, digestive comfort, metabolic health, food allergies, sensory needs, skill-building around food and meal prep, or simply feeling more energised and supported, we work closely with you, your family, carers and support team to help achieve the goals that matter most.

Looking forward to supporting you further, Kelly Watson

Clinical Nutritionist | Certified Practising Nutritionist (CPN) | NDIS Provider



TM The Australasian Association and Register of Practicing Nutritionists (AARPN) LTD 2063292

NDIS Funding

All sessions are billed under Capacity Building – Improved Daily Living – **128 Therapeutic Supports**. Below are the main support codes and descriptions for easy reference.

Support Code	Support Item / Name	Description / When to Use
15_056_0128_1_3	Assessment Recommendation Therapy or Training - Other Professional	Face-to-face (In-Clinic or At-Home) and TeleHealth consultations, Short Notice Cancellation – 2 clear business days and NDIA Requested Reports
01_799_0128_1_1	Provider travel - non-labour costs	If applicable for at-home consultations

 **Next Step:** Book a free 15-minute eligibility chat to see how we can work together to reach your goals.

Thank you!

Kelly Watson
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